



## The Ultimate Detox: 2-Week Deep Cleansing Diet

By Cabot, Sandra / Jasinska, Margaret

WHAS, Camden, NSW, Australia, 2005. Paperback. Book Condition: New. Do you suffer with Toxic Overload? Try Dr Cabot's toxic checklist. Do you suffer with: Coated tongue? Frequent fatigue? Digestive problems? Cellulite? Frequent infections? Unexplained poor health? Bad breath? Headaches? Abdominal bloating? Inability to lose weight? Allergies? Skin problems? If so, your body needs our detoxification program. World wide, billions of kilograms of toxic chemicals are released by industry into our water ways and soils every year. Many of these have the potential to cause cancer, and end up in our bodies, even if we don't work in, or live near industry. Scientists call this contamination a "person's body burden" and it's getting worse. Many potentially lethal bacteria are now resistant to antibiotics and this huge problem is set to increase. These bacteria carry genes that neutralise the effects of antibiotics, so that the bacteria become indestructible - this is scary stuff! This book gives you life-saving strategies to: Rid your body of dangerous toxins. Repair your bowel. Fight micro-organisms with natural antibiotics. Strengthen your immune system. book.



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