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Bible Stories 1: The Life of Jesus and Other Stories from the Old and New Testaments (Paperback)

By Wendy Zurbowich

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2015. Paperback. Book Condition: New. 280 x 216 mm.

Language: English . Brand New Book ***** Print on Demand

*****.Each book in the Coloring Books for Grownups series

contains 50 outline drawings ready for coloring, and is

designed for older children and adults of all ages who are

looking to escape the stresses of modern living and simply

relax.This, the first book in the series depicts biblical stories

from both the Old and New Testaments, with several drawings

showing images of Jesus Christ.Coloring for grown-ups is very

popular today and there are many explanations for this

interest. Some of the reasons for its popularity include.Coloring

Lowers Stress And AnxietyPsychiatrists have long recognized

the fact that coloring relaxes the fear center of the brain and

allows your mind to rest. Indeed, Carl Jung, the founder of

analytical psychology, is known to have given his patients

mandalas to color over 100 years ago. In today s hectic world

the stress reducing properties of coloring are probably more

valuable than ever.Coloring Trains Your Mind To

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and, while you are concentrating on this stress-free and

relaxing activity, you can...



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